

## METAGENOMIC SEQUENCING OF THE BRONCHOALVEOLAR LAVAGE EXTRACELLULAR VIROME AND CELLULAR TRANSCRIPTOME OF SARCOIDOSIS PATIENTS DOES NOT DETECT RUBELLA VIRUS

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**ABSTRACT.** *Background:* Sarcoidosis is a multisystem granulomatous inflammatory disease of unclear etiology that involves the lung, skin and other organs, with an unknown antigenic trigger. Recently, evidence has been found in both immune deficient and immune competent patients for rubella virus in cutaneous granulomas. These granulomatous lesions share overlapping features with cutaneous sarcoidosis, raising the question of rubella virus in sarcoidosis. *Objective:* To investigate the presence of rubella virus in sarcoidosis lung samples. *Methods:* We employed metagenomic sequencing to interrogate extracellular virome preparations and cellular transcriptomes from bronchoalveolar lavage (BAL) of 209 sarcoidosis patients for rubella virus sequences. *Results:* We found no evidence for rubella virus genomes in acellular fluid or rubella virus gene expression in BAL cells of sarcoidosis patients. *Conclusions:* These findings argue against rubella virus infection or persistence within the lung at time of sampling as a sarcoidosis trigger.

**KEY WORDS:** Virome, Transcriptome, Sarcoidosis, Rubella

### INTRODUCTION

Sarcoidosis is a granulomatous multisystem disease with frequent involvement of lungs, skin, lymph nodes, eyes and other tissues. The pathogenesis of

sarcoidosis involves aberrant T cell and macrophage immune responses, but the trigger for dysregulated immunity remains unknown. Infectious agents have been long suspected as initiators of the inflammatory response including mycobacteria and propionibacteria, but definitive evidence is lacking (1-3). Recently, rubella virus genetic sequences and/or proteins have been reported in immunocompromised patients with cutaneous granulomatous dermatitis, particularly in the setting of common variable immunodeficiency (CVID) (4-12). More recently, rubella virus was reported in skin granulomas of immunocompetent adults (13). Given the fact that many clinical and pathological features of cutaneous granulomatous dermatitis overlap with those of sarcoidosis, we sought to determine whether rubella virus sequences were present in lung specimens of sarcoidosis patients.

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## METHODS

### *Subjects, samples and sequencing*

Bronchoalveolar lavage (BAL) specimens were obtained from well-characterized patients with sarcoidosis enrolled in the Genomic Research in Alpha1 Disease and Sarcoidosis (GRADS) study as described (14, 15). The cohort was 53% female with a mean±SD age of 51.6±10.2 years and by design GRADS recruited individuals across different phenotypes. Approximately 7% had acute sarcoidosis, 36% had Scadding II or III disease, 14% had Scadding IV, and 11% had multiorgan involvement; additional details of the cohort are provided in (14, 15). Participants were recruited at GRADS study sites based on an established diagnosis of sarcoidosis or high degree of clinical suspicion that was confirmed prior to inclusion in the study. All subjects provided informed consent to participate in the study.

BAL was separated into cellular and acellular components by centrifugation (700g x 10 minutes). BAL cell transcriptome cDNA libraries were generated from poly-A-selected RNA, sequenced on the Ion Torrent platform (Thermo Fisher, Waltham, MA, USA) and processed as previously described (15). Data are publicly available on the Gene Expression Omnibus database ([www.ncbi.nlm.nih.gov/geo/](http://www.ncbi.nlm.nih.gov/geo/)) under the accession number GSE109516. For the acellular fraction that would contain virions, virus-like particles (VLPs) were isolated and purified from 5 mL of BAL and lavage saline controls. Nucleic acids were extracted and amplified using a sequence-independent single primer amplification method and prepared for sequencing with the NEB Next Ultra 2 Library Preparation Kit (New England Biolabs, Ipswich, MA, USA) and sequenced on the Illumina NextSeq500 (Illumina Inc., San Diego, CA, USA) with 2x150 bp reads. Data are publicly available for download from the NCBI with BioProject accession number PRJNA646239.

### *Rubella virus sequence analysis*

To investigate the presence of rubella virus sequences in BAL cell transcriptome data, we interrogated 209 BAL datasets that passed sequence quality metrics. Thirty rubella virus genomes from GenBank (NCBI) were used as local alignment targets (Table 1). Alignments were performed using

**Table 1.** Query rubella virus genomes

GenBank accession	RubV_strain
JN635281	RVi/NJ.USA/61/1a
JN635282	RVi/Brooklyn.NY.USA/98/1B CRS
JN635283	RVi/LA.CA.USA/91/1C
JN635284	RVi/TX.USA/34.98/1C
JN635285	RVi/CA.USA/88/1D
JN635286	RVi/BarHarbor.ME.USA/43.08/1E
JN635287	RVi/Springfield.MA.USA/49.98/1E
JN635288	RVi/Pullman.WA.USA/30.08/1E
JN635289	RVi/Boston.MA.USA/13.07/1G
JN635290	RVi/Lebanon.NH.USA/3.05/1G CRS
JN635291	RVi/Daly City.CA.USA/97/1j CRS
JN635292	RVi/Kalamazoo.MI.USA/4.07/2B
JN635293	RVi/Seattle.WA.USA/16.00/2B
JN635294	RVi/LA.CA.USA/45.08/2B CRS
JN635295	RVi/Eagan.MN.USA/13.09/2B
JN635296	RVi/Bismarck.ND.USA/23.08/2B
M15240	F-therin
AF435865	Ulrike
AB047330	TO-336
AB222609	RVi/Matsue.JPN/68
DQ085339	Cordoba_Argentina_1988
DQ085341	Anima_Mexico_1997
DQ388281	JC2 NZL91
DQ085343	6423_ITALY_1997
DQ388280	GUZ GER92
AY258322	BR1
DQ085342	Anam5_Korea_1996
DQ085338	I-11_Israel_1968
DQ388279	C4 RUS67

the hisss pipeline (<https://github.com/louiejtaylor/hyss>) (16), which uses Bowtie 2 (option, `-very-sensitive-local`) (17) to align reads to target genomes, SAMtools (18) and BEDtools (19) to calculate the coverage of the reads to the target genomes, and ggplot2 in R (version 3.2.3) to visualize the alignments. Positive identification was prospectively defined as ≥0.10 fraction coverage (≥10% coverage) to any of the rubella virus sequences. As a positive control, we aligned reads from rubella virus sequencing project PRJNA70479 and confirmed that our pipeline yielded robust virus identification. For acellular virion-encapsidated

datasets, sequencing reads were analyzed with Taxonomer (20), which uses the UniProt90 viral database to assign taxonomy.

## RESULTS

A total of 209 sarcoidosis BAL cell transcriptome datasets (with a median of 30,598,036 reads per sample) were queried. Only three short reads (one each from three separate BAL samples) mapped to rubella virus sequences. The mapped reads revealed fractional coverage of the rubella virus genomes of 0.002971 (0.2971% coverage), 0.002971 (0.2971% coverage), and 0.002868 (0.2868% coverage), respectively, far below the 0.1 fraction (10% coverage) threshold prespecified for positive virus identification. While rubella virus does express subgenomic transcripts (21) and may replicate to only very low levels in infected cells, this low coverage argues against the authentic detection of rubella virus gene expression in BAL cells.

Within the 115 acellular sarcoidosis BAL samples subject to virome analysis (with an average of 851,000 paired-end reads per sample), only a single read from one patient aligned with rubella virus.

Thus, we found no strong evidence for rubella virus in sarcoidosis lung samples.

## DISCUSSION

A microbial trigger for sarcoidosis has been long suspected due to pathological features of granulomatous inflammation and evidence for aberrant immune activation. The granulomatous dermatitis seen in patients with CVID can clinically and histologically resemble cutaneous sarcoidosis (5). The identification of rubella virus proteins and nucleic acids in granulomatous dermatitis in individuals with immune deficiency (4-12) and more recently immunocompetent patients (13) raises the question of whether this virus might be present in sarcoidosis as well. In addition, patients with CVID can also develop interstitial lung disease (22) and patients with sarcoidosis occasionally present with lymphopenia, suggesting additional features of clinical overlap. However, our study provides strong evidence against the presence of extracellular rubella virions or intracellular rubella virus transcription in lung lavage, arguing against active infection and virus replication at the time of sampling.

A limitation of our study is that we did not sample granulomatous tissue from biopsied lung or lymph node, which could conceivably harbor sequences not present in BAL. Perhaps most important, these findings do not exclude that this agent or other potential antigenic triggers might have been present at some earlier time but no longer persist by the time of sampling. Indeed, most of the patients from whom rubella virus was identified in cutaneous granulomatous disease were immunodeficient, which might contribute to viral persistence beyond an initial trigger event. It thus may be fruitful to investigate the presence of immune responses to rubella in sarcoidosis, as has been pursued for mycobacterial agents (23, 24), which may persist beyond the time of disease initiation and microbial elimination.

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**Conflicts of Interest:** Each author declares that he or she has no commercial associations (e.g. consultancies, stock ownership, equity interest, patent/licensing arrangement etc.) that might pose a conflict of interest in connection with the submitted article.

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